

PARACLETE



NOVEMBER 2019

HOLY SPIRIT | EPISCOPAL CHURCH

130 South 6th Street East • Missoula, MT 59801 • 406.542.2167 • E-mail: office@holyspiritmissoula.org • Website: www.holyspiritmissoula.org

A publication of Holy Spirit Episcopal Church



Stewardship Ingathering is November 3

Please bring your pledge card to church with you on Sunday, November 3, and place it in the offering plate at either service. Extra pledge cards will be available in the bulletin that Sunday if you have misplaced yours. If you can't be there that Sunday, you may also return your pledge card by mailing it to the church office in the envelope that was provided.

If you don't want to wait until Stewardship Sunday to make your pledge, you can call the church office at 542-2167 to pledge.

Stewardship 2020:

Oh, the places we'll go

*You're off to Great Places! Today is your day!
Your mountain is waiting, So....get on your way!*

— Dr. Seuss

This is our challenge for our Stewardship season; our mountain is indeed waiting. You have, by now, received our mailing, including a pledge card, a letter from your Senior Warden, and a letter from Terri. If you have not yet returned your pledge card, please consider all the information prayerfully and positively; if you have returned a pledge card, we are most thankful.

We are Nearing the Summit of this mountain that has presented a challenge to our parish. Let's make the effort to reach our goals and be on our way. The Great Places we can reach with your

support will be blessings for everyone.

Stewardship is an ongoing ministry for Holy Spirit, and this year we want to focus on our many and ever-growing ministries. Our new program, *Minute for Ministries*, is intended to keep our awareness on all of the valuable work that our parish is able to do and the support we provide. Your interest in and devotion to these ministries is vital; we cannot operate our ministries without the necessary funds. We hope you will investigate and support with your time and talent

Continued on page 2



OUR STAFF

Clergy:

The Rev. Terri Ann Grotzinger,
Rector

revterri@holyspiritmissoula.org

The Rev. Gretchen Strohmaier,
Assistant Priest

Gretchen@holyspiritmissoula.org

The Rev. Judy Anderson, Deacon

The Rev. Doug Anderson, Deacon

The Rev. Dorcie Dvarishkis,
Deacon

Organist/Choir Director:

Dr. Nancy Cooper

Youth Director: PJ Willett

pj@holyspiritmissoula.org

Parish Administrator:

Judy Parock

office@holyspiritmissoula.org

Bookkeeper/Office Assistant:

Connie Gerke

office@holyspiritmissoula.org

Webmaster:

Elizabeth Serviss

Sexton: Lori Cordis

NEWSLETTER

Paraclete, from the Greek meaning 'Holy Spirit,' is published monthly, September through May, by Holy Spirit Episcopal Church. All material is due by the fifteenth of the month preceding the month of publication.

HOLY SPIRIT EPISCOPAL CHURCH

130 South 6th Street East

Missoula, MT 59801

406.542.2167

office@holyspiritmissoula.org

www.holyspiritmissoula.org

Stay connected with the custom Holy Spirit app!

Everything you want to know is now in one place – conveniently on your phone!

Keep up to date on upcoming events, access sermons, forms/registrations for events and other activities, see the latest newsletter or bulletin, or submit a prayer request – all that and so much more! This is also a convenient way to make electronic donations by ACH (bank account) or credit or debit cards in addition to making and managing recurring gifts.

Get a link to download the app by texting **HOLYSPIRITAPP** to **77977**. Be sure to put your caps lock feature on; that will bypass the auto-correct feature on your phone and ensure that

the code is entered correctly! You may also download the app directly in the Apple iTunes App Store or on Google Play. Just search for 'Holy Spirit Episcopal Church.'

Questions, feedback or need help downloading the app to your device? We want to hear it all! Please contact Judy by email at office@holyspiritmissoula.org or call her at the church office, 542-2167.

Please join us in checking out this new communications hub for our church community!



NOW YOU CAN TAKE
HOLY SPIRIT EPISCOPAL CHURCH WITH YOU

text: "**HOLYSPIRITAPP**"
to: **77977**

to download our new app

Oh, the places we'll go

Continued from page 1

at least one ministry that is new for you in the coming months. Ministry involvement is a wonderful way to know people both within and outside our parish, and the rewards are many.

Our Senior Warden has outlined completely what our challenge is to

reach that summit. Let's finish climbing that mountain and be on our way.

Thank you for your faithfulness and prayers on this journey.

– THE STEWARDSHIP MINISTRY

Church School 2019:

Learning more about the Family of God

Your children continue to learn about God's family and its great vastness. Thanks to your support and participation we were able to pack 101 hygiene kits, and the kids gathered to load up those kits and deliver them to the Poverello Center. Through shopping, packing and delivering, these kids are learning that God's family includes everyone. Through their increased participation in worship they are living into that inclusion themselves, claiming their part of this Holy Spirit family of God.

November Church School Schedule:

Sunday, November 3:

Joint worship. Parish-wide All Saints' celebration.

Sunday, November 10:

Children start downstairs for a lectionary-based Bible story, Luke 20: 27-38, *The Sadducees*. Children join the second half of worship upstairs to participate in Eucharist.

Sunday, November 17:

Children start downstairs for a lectionary-based Bible story, 2 Thess. 3: 6-13, *Working Together*. Children join the second half of worship upstairs to participate in Eucharist.

Sunday, November 24:

Children work together downstairs on a service project.

— REV. GRETCHEN STROHMAIER
ASSISTANT PRIEST



Advent Crafts & Soup

Sunday, December 1
following the 10:15 a.m. service



- Enjoy a soup lunch
- Make an Advent wreath
- Try your hand at other holiday crafts
- Suggested donation to cover supply costs is \$10



HOLY SPIRIT | EPISCOPAL CHURCH
130 South 4th Street East / Missoula, MT 59802 / 406.542.2167 / www.holyspiritmissoula.org

Join us for a very special Sunday on December 1

Don't miss our annual **Advent Crafts and Soup** event on Sunday December 1st. Join your church family on the first Sunday in Advent, immediately after the 10:15 service. We'll serve a simple soup and bread meal. Take the time to enjoy conversation. Savor the smells of the first greens of the season and try your hand at any number of craft stations. As always there will be supplies to make your own Advent wreath.

— REV. GRETCHEN STROHMAIER
ASSISTANT PRIEST



Baptism date announced

The next date for baptism at Holy Spirit will be Sunday, January 12, at the 10:15 a.m. service. If you are interested in baptism at that time, either for yourself or for your child, please contact Rev. Terri at 542-2167 by Sunday, December 8. Thank you!



Explorations:

Opportunities
to cultivate,
challenge
and live our
faith

Back by popular demand:

Join us for Sacred Space Yoga

Back by popular demand: **Sacred Space Yoga!** Come experience yoga in the church. Stretch and breathe in the center aisle. Use a pew for stability. Find your balance along a wall. Be inspired by the beauty of our worship space in a completely different way. Let the height of the ceiling and the color of the windows impact your body, mind and spirit. These sessions are led by Suzy Wiseheart, who has practiced and taught yoga off and on for 37 years. She enjoys adapting poses for people who may feel challenged in any way, while keeping poses challenging for more practiced participants.

- **What:** Bring a yoga mat (or towel) and a blanket. Dress comfortably.
- **When:** Sundays in November – November 3, 10, 17, and 24
- **Time:** 2:00 – 3:30 p.m.
- **Where:** Meet in the pews
- **Registration:** Contact Gretchen to sign up at gretchen@holyspiritmissoula.org or 542-2167
- **Questions:** Contact Suzy Wiseheart at suzywiseheart@gmail.com

Begins November 3

SACRED SPACE YOGA

SUNDAYS IN NOVEMBER
2 PM TO 3:30 PM IN THE CHURCH
LED BY SUZY WISEHEART



Remember the saints that have gone before at Compline on November 3 at 8 p.m.

*Give rest, O Christ, to your servants with all your saints,
where sorrow and pain are no more, neither sighing, but life
everlasting.*

We will again use November's Compline to mark All Saints' Sunday and a way to pray our goodbyes to those parishioners who have died over the past year. There will also be an opportunity for the congregation to light vigil candles in memory of friends and family members. Please join us for the calm and reflection of Compline on Sunday evening, November 3rd at 8 p.m. Doors open at 7:30.

– KEITH KUHN, COMPLINE COORDINATOR

Compline

8 pm | November 3
All are welcome!



A new study begins in November: Conversations about Being Mortal

Join Reverend Gretchen, Oncologist Dr. Sally Scott, and Nurse Practitioner Susannah Ries, both members of our parish, for a 3-week class based on the book, *Being Mortal: Medicine and What Matters in the End* by Atul Gawande. Learn about themes from the book, see clips from the documentary, and learn from the experience of these health care professionals. The class will address finding meaning at the end of life, dealing with the uncertain future, navigating communication with health care providers, and completing and using advance directives. The book will serve as a backdrop for the class, providing examples and context. Reading the book is not a requirement for participation.

The class meets on Sundays after the 10:15 service from 11:45 a.m. to 1:15 p.m. in the Guild Room on November 10, 17, and 24. Light refreshments will be provided. Please register for the class by contacting Rev. Gretchen at the church office, 542-2167 or gretchen@holyspiritmissoula.org.

Dr. Sally Scott grew up on a horse farm outside of Boston, MA and attended Dartmouth College in New Hampshire. After college she worked for two years as a research assistant in Boston before attending medical school at the University of Massachusetts. She then returned to Dartmouth for three years of residency

training in internal medicine followed by a year as Chief Medical Resident. In 2007, Dr. Scott returned to Boston for her fellowship training in hematology/oncology at Beth Israel Deaconess Medical Center at Harvard Medical School. She moved to Missoula in 2010 to take a job at Montana Cancer Center.

Nurse Practitioner Susannah Ries received her Bachelor of Science in Nursing from Oregon Health & Science University. Following graduation, she worked for several years as a pediatric oncology nurse before finding her home in the special world of neonatal intensive care. After nearly a decade as a bedside NICU nurse Susannah decided to expand her role and responsibilities, earning a Master of Science in Nursing from the University of Texas Arlington.

Reverend Gretchen served as a Hospice chaplain at a freestanding Hospice facility in Branford, CT while working on her Master of Divinity degree. After graduation she helped a small Hospice in Central Oregon develop a bereavement program. After moving to Missoula in 1997 Gretchen worked with Dr. Ira Byock at the Missoula Demonstration Project to seek methods for improving end-of-life care in Missoula. In 2001 Gretchen became the Bereavement Coordinator at Partners in Home Care Hospice, providing grief counseling for patients, families and staff for over eleven years.

BOOK DISCUSSION

You're invited!

- Sunday afternoons, November 10, 17 and 24
- Book Study meets in the Guild Room, 11:45 am to 1:15 pm

BEING MORTAL
BY ATUL GAWANDE

Sunday Morning Study

**IT'S ALL
ABOUT
LOVE**

THE WAY OF LOVE
Practices for Jesus-Centered Life

- Meets at 9 am in the Guild Room
- December 1, 8 and 15
- Led by Jocelyn Siler and Jerry Fetz

HOLY SPIRIT | EPISCOPAL CHURCH
130 South 6th Street East | Missoula, MT 59801 | 406.542.2167 | holyspiritmissoula.org

Coming in December....

The Way of Love: Practices for Jesus-Centered Life. Join Jocelyn Siler and Jerry Fetz on Sunday mornings between services to learn about the Presiding Bishop's initiative, *The Way of Love*. More than a program or a curriculum, it's an intentional commitment to a set of practices—perfect for reflection during the season of Advent. It's a commitment to follow Jesus: Turn, Learn, Pray, Worship, Bless, Go, Rest. Learn more at <https://www.episcopalchurch.org/way-of-love>. Class will meet December 1, 8, and 15.



Summaries of *Evicted*

Summaries of this key book on housing are available on the church website at <http://holyspiritmissoula.org/outreach/>. A few hard copies of the summaries are also available in the literature rack at the back of the church.

Check the schedule for what's happening at Holiday Market 2019!

Donations being accepted now through **Sunday, November 3**. Please have all Holiday Market items *in closed boxes* and *take them downstairs* below the coatracks in the hallway outside the Guild Room. Pick up a donation tax receipt that will be downstairs where you will leave your boxes.

Sunday, November 3: Conga line after 10:15 service. Volunteer Sign Up, Raffle Ticket Sales, Silent Auction Bidding.

Monday – Thursday, November 4-7: Market set up and pricing, 9 a.m. – 2 p.m.

Friday, November 8: Holiday Market Sale Day, 9 a.m. – 4 p.m.; Luncheon served 11:30 a.m. – 1 p.m. **Again this year:** The sanctuary will be open for a couple of hours for viewing and quiet reflection on Friday, November 8. Organ music will be played (specific times to be announced).

Saturday, November 9: Holiday Market Sale Day, 9 a.m. – 1 p.m.; Clean-up begins at 1:30 p.m. (Strong men are needed for the clean-up!)

Sunday, November 10: Raffle tickets will be sold, and Silent Auction bids will be taken after both Sunday services. The Silent Auction and Raffle drawing winners will be chosen at noon.



HOLIDAY MARKET

HOLY SPIRIT | EPISCOPAL CHURCH
130 South Sixth Street East | Missoula, MT 59801 | 406.542.2167

Crafts • Antiques • Ornaments • Quilts • Collectibles • Jewelry • Raffle • Silent Auction
Lunch served on Friday, 11:30 am – 1 pm

Friday, November 8, from 9 am – 4 pm

Saturday, November 9, from 9 am – 1 pm

The Holiday Market is just around the corner! Can you help?

We hope you are getting ready for one of Fall's best weeks at Holy Spirit! Holiday Market Week 2019 is right around the corner. Please plan to help out on **Sunday, November 3**, with the conga line, bringing up displays and items for the sale. It's the perfect Sunday, too, for buying your winning raffle tickets, bringing your donations, and signing up to volunteer for the days ahead. Raffle tickets, Silent Auction bid sheets, and sign-up sheets for volunteering during Market Week will also be available in the parish hall on the two Sundays prior to November 3.

What to donate: Jewelry. Griz items. Handmade crafts of all kinds. Antiques. Vintage and new or nearly-new re-giftable items. Fine art. Holiday decorations. (Please save **all** clothing, books, toys, and rummage items for our spring event.) Bring your donations to Holy Spirit through Sunday, November 3, taking them downstairs below the coatracks in the hallway outside the Guild Room prior to Market Week.

Volunteer Opportunities include: setting up the market, pricing, and providing lunch for volunteers on Monday – Thursday, November 4-7. On Friday and Saturday—Holiday Market Sales Days—your help is needed with cashiering, bagging, and hosting, and for clean-up on Saturday at 1:30 p.m.

You might also enjoy volunteering to help with Friday's luncheon. Guys—we need you, too, at every step of the way.

Shopping: You and your shopping companions are promised the finest selection of items ever at this year's Holiday Market! Surprises in every department. Unbelievable prices. Variety no other Missoula shop or bazaar could even imagine. Come early. Come often! From 9 a.m. – 4 p.m. on Friday and from 9 a.m. – 1 p.m. on Saturday, with a delicious lunch available on Friday from 11:30 a.m. – 1 p.m. Raffle tickets and Silent Auction bidding sheets will also be available during these times. Great parking in our lot across the street. Something special for everyone on your *and* Santa's lists.

Raffle and Auction Results: At noon on Sunday, November 10, winning raffle tickets and auction bids will be announced. Like this year's Holiday Market offerings, this year's raffle and auction items promise to delight, too. In the spirit of all that's Holy Spirit, plan to participate in and enjoy this year's special Holiday Market.

— BETSY HOLMQUIST
HOLIDAY MARKET MINISTRY

Housing Forum set for November 19 at 7 p.m.: Gimme Shelter: Home Can Be So Far Away

Oh, a storm is threat'ning/ My very life today/ If I don't get some shelter/ Oh yeah, I'm gonna fade away

Just as in the opening lyric of the Rolling Stones' epic anthem, "Gimme Shelter," low-income renters' access to housing is a critical need in Missoula, where real estate prices are soaring, and wages are relatively modest. To learn more about this important issue and possible public and private solutions, Holy Spirit is hosting a forum on Tuesday, November 19, at 7 p.m. in the parish hall.

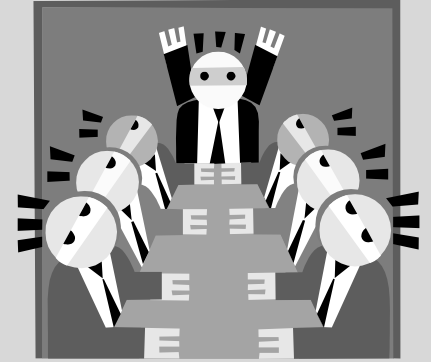
The forum features Missoula professionals who wrestle daily with the dimensions of this major issue. They include:

- Eran Pehan, director of the City's Office of Housing and Development

- Andrea Davis, executive director of Homeward Missoula
- Zeke Campfield, director of MIC's Housing Advocacy Network

A Missoula renter experiencing housing difficulties will also participate in the 90-minute forum. Following the discussion, there will be time for questions. Look for additional information on this issue on handout sheets at the back of the church and on the parish website. And if you'd like to join in Holy Spirit's advocacy for solutions, the forum will help point the way.

— CLEM WORK
SOCIAL CONCERNS COMMITTEE



Nominees needed to fill Vestry vacancies

It is time once again to produce nominees for the Vestry. If the time is right for you to lend your expertise to help guide our parish, please let Rev. Terri know by November 20. Interested parishioners are invited to submit letters of interest containing a one-paragraph description of their experience in church life.

Here are the requirements to serve as a Vestry member:

- Be confirmed or received in The Episcopal Church
- Have a demonstrated history of participation in the life of the church
- Be a regular communicant
- Contribute to the financial support of the church
- Have been an Episcopalian for at least two years
- Be willing to attend monthly Vestry meetings and special meetings as required
- Be prepared to serve on Vestry ministries
- Be prepared to count Sunday offerings periodically



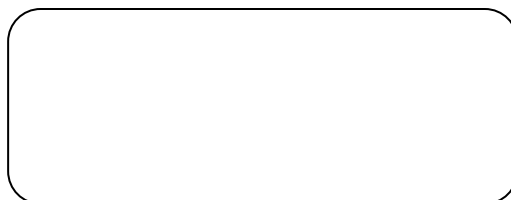
HOLY SPIRIT

EPISCOPAL CHURCH

130 South 6th Street East
Missoula, MT 59801-4222

Non-Profit Org.
U.S. Postage
PAID
Missoula, MT
Permit #157

RETURN SERVICE REQUESTED



HOLIDAY MARKET

HOLY SPIRIT | EPISCOPAL CHURCH

130 South Sixth Street East | Missoula, MT 59801 | 406.542.2167

Crafts • Antiques • Ornaments • Quilts • Collectibles • Jewelry • Raffle • Silent Auction

Lunch served on Friday, 11:30 am – 1 pm

Friday, November 8, from 9 am – 4 pm
Saturday, November 9, from 9 am – 1 pm