

PARACLETE



JANUARY 2019

HOLY SPIRIT | EPISCOPAL CHURCH

130 South 6th Street East • Missoula, MT 59801 • 406.542.2167 • E-mail: office@holyspiritmissoula.org • Website: www.holyspiritmissoula.org

A publication of Holy Spirit Episcopal Church

2019 DIOCESAN CONVENTION

EPISCOPAL DIOCESE OF MONTANA

Sign up to be a delegate to Diocesan Convention

The next Diocesan Convention will be held July 25-28 at St. James in Bozeman. At this convention we will be electing the next diocesan bishop as well as caring for the business of the diocese. We will elect delegates and alternates to the convention at the Annual Meeting on Sunday, January 27. Holy Spirit is entitled to 14 delegates to Diocesan Convention; alternates are also needed as people's plans change during the year. Any interested parish member who is willing to serve in this capacity should notify the church office at 542-2167 by Wednesday, January 23.

Just a reminder: delegates to Diocesan Convention must be able to attend one of the walkabouts that will be held about two to three weeks prior to Diocesan Convention to meet the candidates for Bishop of the Diocese of Montana. One of these walkabouts will be held at Holy Spirit in Missoula.

Parish begins new year at Annual Meeting on January 27

Don't forget to attend the Annual Meeting to be held in the parish hall after the 10:15 service on Sunday, January 27. A light meal will be served at the meeting at a cost of \$4. Reservations for the meal will be taken after services starting January 13 and continuing each Sunday until the Annual Meeting, or you may call the church office at 542-2167 before Wednesday, January 23. If you would like, you are welcome to bring your own snack. There will be supervised activities for the children, preschool

through grade 5, and baby-sitters will be available.

Do plan to attend this very important Annual Meeting. New members for the Vestry will be elected as well as delegates to next summer's Diocesan Convention, and the budget for the coming year will be presented. Reports from various parish organizations will also be given. This is your church meeting, and we hope you will be here to help get the year off to a great start for our parish!



OUR STAFF

Clergy:

The Rev. Terri Ann Grotzinger,
Rector

revterri@holyspiritmissoula.org

The Rev. Judy Anderson, Deacon

The Rev. Doug Anderson, Deacon

The Rev. Myrna Chaney, Deacon

The Rev. Anita Rognas, Deacon

The Rev. Dorcie Dvarishkis,
Deacon

The Rev. Gretchen Strohmaier,

Deacon and Director of Spiritual
Formation

Gretchen@holyspiritmissoula.org

Organist/Choir Director:

Dr. Nancy Cooper

Youth Director: PJ Willett

pj@holyspiritmissoula.org

Parish Administrator:

Judy Parock

office@holyspiritmissoula.org

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Jennifer Allen

Jennifer@holyspiritmissoula.org

Interim Webmaster:

Elizabeth Serviss

Sexton: Lori Cordis

NEWSLETTER

Paraclete, from the Greek meaning 'Holy Spirit,' is published monthly, September through May, by Holy Spirit Episcopal Church. All material is due by the fifteenth of the month preceding the month of publication.

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SPIRIT**

**EPISCOPAL
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Bring your donations on January 6, 13 and 20:
**Socks, gloves and hats needed for
homeless men and women**

Let's celebrate the start of 2019 with a generous contribution of warm socks, hats and gloves to our homeless brothers and sisters who spend many of their daytime hours on Missoula's chilly and windy streets. You can place your donations in the red-and-white-striped box adorned with dangling socks and gloves, and we'll take them to the Poverello Center, which provides shelter to the city's homeless and underserved population. Wool or synthetic socks are best, but please try to avoid buying cotton socks. Feet

perspire in cotton, leaving the wearer with cold, damp feet! The donation box will be in the parish hall beginning Sunday, January 6 through Sunday, January 20. For each of the past few years, parishioners have contributed about 80 pounds of new and gently used socks, gloves, and hats. Be sure to check out the post-holiday sales that many stores offer. Please be generous. Thank you!

– LUCIA SOLORZANO WORK,
SOCIAL CONCERNS COMMITTEE

Help provide socks and gloves for Missoula's homeless

**WARM HANDS,
warm feet!**



Please donate a pair of men's and/or women's socks and gloves or warm hats

January 6, 13
and 20 in the
parish hall

**Read more about the Vestry
nominees in the Sunday bulletin**

The members of Holy Spirit Episcopal Church will be electing five members to the Vestry at the Annual Meeting on January 27. Four of these will serve a three-year term, and one member will be filling out an unexpired term of a departed Vestry member. In order for you to know the people who have been nominated to the Vestry, we will print the profiles of the nominees

in the January bulletins and *Spirited Times*, as well as posting the slate on the website, holyspiritmissoula.org. Those who have accepted nomination to the Vestry are Kent Watson, Torian Donohoe, Jocelyn Siler, Kevin Borg and Marva Gallegos. We are grateful for their willingness to serve our parish in this capacity.

– THE NOMINATING COMMITTEE

Church School 2019: A little piece of God

The children in Church School created this vibrant poster (see below), with help from Becki Johnson. For now, it decorates the children's worship space, and each week as they search for which one is their hand, the children discuss what it might mean to be God's hands in the world. One little bright eyed 6-year-old announced on her very first day with us, "It means that we each have a little piece of God in us." The children seemed to quietly agree, recognizing that nothing else needed to be said after that. This left the adults in the room to take a breath, swallow, and blink back tears. *How would life be different for each of us—adults and kids—if we made space within ourselves to acknowledge that little piece of God?*

In 2019 kids will continue to explore this concept: we are God's hands in the world. We kick things off with a tour of the Poverello Center, and we anticipate an opportunity to serve at the Food Bank in the coming weeks.

Church School resumes on Sunday January 6th with two special events.

- **Poverello Tour:** Families with children 2nd grade and above

(including QUEST kids) are encouraged to start the morning early and **meet at the Poverello Center, 1110 West Broadway, at 9 a.m.** Parishioner Jesse Jaeger, the new Director of Development and Advocacy at the Poverello Center, will give us a tour of the facility and inspire us to think about how we can use our hands to serve others.

- **Epiphany Procession:** The three kings show up! All ages will worship together for this special day (nursery is always open). Three kings will be a part of our service, and who knows what animals might be coming along with them? It will be a morning of surprising revelations for our whole church family.

– THE REV. GRETCHEN STROHMAIER
DIRECTOR OF SPIRITUAL FORMATION



Baptism date announced

The next date for baptism will be at our Easter Vigil service on Saturday, April 20, at 7:30 p.m. If you are interested in baptism at that time, either for yourself or for your child, please call the church office at 542-2167 and ask to speak to Rev. Terri.



Here's what's happening in January in Church School

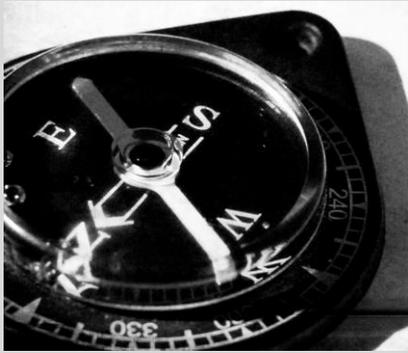
Sunday, January 6th
Poverello Tour @ 9:00 a.m., 1110 W. Broadway. No Church School. All ages worship together on Epiphany Sunday and welcome the three visiting kings!

Sunday, January 13th
Abbreviated children's worship. Kids join adult worship in progress for the baptism. No activity station.

Sunday, January 20th
Curriculum focus: *Jesus and John the Baptist*, followed by activity station.

Sunday, January 27th
Curriculum focus: *The disciples*
No activity station; abbreviated service due to Annual Meeting.





Explorations:

Opportunities
to cultivate,
challenge
and live our
faith

Evicted: Poverty and Profit in the American City A new book study begins in January

Join facilitators Carla Mettling and Kate Laney for this 6-week book study starting on Wednesday January 23rd from 6:30 to 8:00 p.m.

We are often told to care for the poor, but who and where are they and why are they poor? Our culture tells us they are the lazy ones or the addicts or mentally ill. But the truth is that our system of laws, particularly those connected with housing, make people poor and keep them that way, ruining families and individuals along the way. Following our parish's chosen ministry to children and families at risk, the Social Concerns Committee invites interested parishioners to read together *Evicted* by Matthew Desmond, winner of the 2017 Pulitzer Prize in General Nonfiction. The book provides a ground-level view of some of the most urgent issues facing America today: poverty in American city life due to housing insecurity, economic exploitation, public policy, and racial inequality.

In *Evicted*, Princeton sociologist Desmond follows eight families in the poorest areas of Milwaukee as they struggle to keep a roof over their heads. Even in the most desolate areas of American cities, evictions used to be rare. But today, most poor renting families are spending more than half their income on housing, and eviction has become ordinary, especially for single mothers. As we see families forced into shelters, squalid apartments, or more dangerous neighborhoods, we bear witness to the human cost of unjust laws and policies, and to people's determination and intelligence in the face of hardship. Its unforgettable scenes of hope and loss remind us of the centrality of home, without which everything else falls apart.

The group, meeting on Wednesday evenings through February 27th, will meet in the Guild Room. Copies of the book will be available for purchase in the church office and in the parish hall for \$13.

Join us for Compline on January 6:
**Come welcome in the
Epiphany of our Lord at
Compline in January**

**O God of light and peace,
dispel the darkness that shrouds our path.**

Please join us in the quiet and candlelight of Compline on Sunday, January 6th, to celebrate the Epiphany of our Lord. At 8 p.m. that evening the Compline Choir will chant and sing in celebration of the light of Christ in the world and our lives. The Compline Choir will begin the service with a 10th century plainchant setting of "O Light of Light, Love given birth," before chanting "He shall come down like rain upon the mown field" in the 72nd psalm. Please join us!



Join Rev. Terri on January 16:

What if we became more intentional about creating spaces for transformative encounters?

The Epiphany story tells us of three wise men who were sent with a task to bring word to King Herod of a new king being born, a potential threat to his power. They journey, arrive at a humble stable, recognize something important has happened there, kneel at a manger, leave their gifts, and return home by a different way. The experience of encountering the Holy One, vulnerable and dependent, as one of us, changes them and they return...by a different way.

As Christians we trust that we are always encountering God in our midst, God in places we don't think to look, where we don't expect it. Every encounter brings with it the potential for transformation: being changed and going forward in a new way. It is a creative process reflective of God's nature and guided by the Spirit.

We are in ever changing times with people who still seek for that which brings meaning to everything else.

What if we were more intentional about creating spaces for those transformative encounters? What if we became more adept at tapping into our creative side, that part which reflects God in our often messy, playful, inquisitive and curious moments? The scriptures tell us that God provides what we need. Perhaps we simply haven't been open to what is available right in front of us.

I would like to invite those of you who are the adventurers and explorers in our midst to meet with me on Wednesday, January 16, from 6:30p.m. – 8:00 p.m. in the Guild Room. If you are the kind of person who gets excited about trying something new, inventing, creating, even getting jazzed about what you see on the other end of a microscope or in the expanse of the sky above, please join me and learn more!

– REV. TERRI



We're updating our Prayer List

An important part of our worship at Holy Spirit is the opportunity to pray by name for people in need. We pray for members of our congregation and for many others for whom our prayers are requested. **On January 6, we will make a fresh start with the Prayer List included in the Sunday Prayers of the People.** In order to keep our prayers current and meaningful, we are asking for your help. If there is someone whose name you would like to have on the list, please give that information to Judy Parock (office@holyspiritmissoula.org). The renewed list will include only the names which have been sent to us and the names of our shut-in parishioners. We will renew the list again in six months' time. People may remain on the Prayer List for as long as necessary because we know and understand that many needs are ongoing. However, when someone is ready to be removed from the list, we ask that you let us know. Thank you for your help and for your understanding.

– JUDY PAROCK





Advocacy at Holy Spirit: Supporting the most vulnerable

On December 13, over fifteen parishioners from Holy Spirit attended an assembly sponsored by the Missoula Interfaith Collaborative (MIC), attended by over 250 Missoula residents from the many congregations which are members of MIC and by ten Representatives and Senators from the Montana State Legislature. The subject of the assembly was improvement of and funding for community-based case management support for children, adults and seniors with behavioral, mental health and substance use disorders along with people with developmental and other disabilities, as well as continued Medicaid coverage for over 95,000 Montanans.

This was a “first step” into advocacy by Holy Spirit, in line with several General Convention directives from The Episcopal Church. In early January, there will be an opportunity for Holy Spirit parishioners to learn more about this advocacy project and to learn how they will be able to participate if they are interested.

– JIM WILEY
SOCIAL CONCERNS COMMITTEE



Get on the bus! MAC Day at the Legislature is January 21

Montana Association of Christians (MAC) is organizing buses from around the state for Monday, January 21, to speak directly to our legislators on key issues grounded in our shared faith as followers of Jesus:

- death penalty abolition
- humane immigration & refugee legislation
- children’s mental health & suicide prevention
- prison reentry policies

The cost for a seat on the Beachliner is \$25. Bring your own beverage, and breakfast treats will be provided. Signups and payment are needed by January 11 to confirm the bus and reserve your seat. Since this is Martin Luther King, Jr. Day, there will be no school. Consider bringing your child or grandchild.

Please arrive by 7:15 a.m. Bus will depart at 7:30 a.m. from the Holy Spirit Episcopal Church parking lot, 130 S. 6th St. E. (adjacent to Hellgate High School), and we’ll return by 5:00 p.m.

For more information and background on MAC’s key issues go to <http://www.macmt.org/legislative-updates>.

To sign up, send your name, email, phone number and organization/faith affiliation to dorcied@gmail.com by January 11th. Checks should be written to: Rev. Dorcie Dvarishkis and mailed to: Attention Dorcie, HSP, 130 S. 6th St. E., Missoula, MT 59801. Please put MAC Bus in the subject line. If you can’t attend, please consider sponsoring a seat for someone else.



Annual Blood Drive at Holy Spirit on February 21: Give the gift of life!

You can make a priceless gift to someone in need with just an hour of your time. Give blood! Our next Holy Spirit blood drive takes place Thursday, February 21, with slots available from 2:00 to 6:15 p.m.

Giving blood takes only about an hour, and for most people, the actual drawing lasts only 15 minutes. More than one-third of adults in generally good health can be donors, but only about eight percent do.

We will be signing up donors at the 8:00 and 10:15 church services and at Coffee Hours on February 3, 10, and 17 for the drawing on the 21st. We have 23 donor slots available.

Men who are in generally good health and weigh 110 pounds or more can usually be donors. For women, those 5'6" or taller have the same minimum weight requirements as men. Shorter women must weigh more: (5'1" – 133 lb., 5'3" – 124 lb., 5'5" – 115 lb.). Youth between 16 and 18 can sign up with an available parental request form.

The most frequent exclusions are for those who have traveled in certain (but not all) foreign countries. Low iron (hematocrit count) is another exclusion factor. If you are a regular Red Cross blood donor, you cannot give blood

after December 27, 2018 to be eligible for this drive (56 days between donations). For answers to any other questions about eligibility, please call Red Cross Blood Services at 1-866-236-3276.

Also, volunteers are needed for one- or two-hour shifts to help register donors at the event and to serve refreshments right after donors have finished. A cracker and cheese plate or other healthful snacks are also needed. If you wish to volunteer time or refreshments the day of the drive, please contact Heidi Kendall at missoulaheidi@gmail.com or phone 550-2218. You may also sign up at the Sunday church services in February, as noted above, or by calling the church office.

Our Holy Spirit blood drive has been a great success for many years under the leadership of Bob Deaton and Orson Murray. Let's continue the tradition!

– THANK YOU!
HEIDI KENDALL AND CHRISTINE HADLOW
BLOOD DRIVE COORDINATORS

The need is constant.
The gratification is instant.
Give blood.



Holy Spirit Parish Blood Drive

130 South 6th Street East
Parish Hall

February 21
2 pm – 6:15 pm

To register please contact:
Heidi Kendall, 550-2218
missoulaheidi@gmail.com



I give blood. Will you?

redcrossblood.org | 1-800-RED CROSS

Facts about blood donors

- One donation can save the lives of up to three people.
- The number one reason donors say they give blood is because they "want to help others."
- Two most common reasons cited by people who don't give blood are "Never thought about it" and "I don't like needles."
- Forty-five percent of people in the U.S. have type O (positive or negative) blood.

YOU CAN SAVE A LIFE

GIVE BLOOD

Holy Spirit Blood Drive

Location - Parish Hall
130 South 6th Street East

Thursday, February 21
2 pm - 6:15 pm

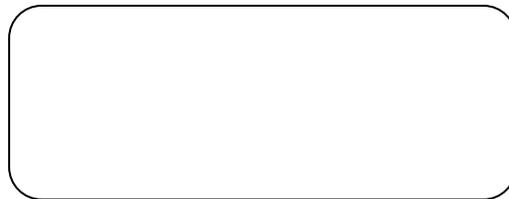
Sign up after church beginning February 3!

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EPISCOPAL CHURCH

130 South 6th Street East
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RETURN SERVICE REQUESTED



HOLY SPIRIT | EPISCOPAL CHURCH

ANNUAL MEETING

Immediately following the 10:15 a.m.
service in the parish hall

January 27, 2019

Holy Spirit Episcopal Church / 406.542.2167 / office@holyspiritmissoula.org
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