

PARACLETE



APRIL 2019

HOLY SPIRIT | EPISCOPAL CHURCH

130 South 6th Street East • Missoula, MT 59801 • 406.542.2167 • E-mail: office@holyspiritmissoula.org • Website: www.holyspiritmissoula.org

A publication of Holy Spirit Episcopal Church



Join us for Ukrainian egg decorating with Barbara Morrison!

Join Barbara Morrison on Saturday April 13th from 9:30 - 11:30 a.m. in the parish hall for Ukrainian egg decorating. This workshop is for adults as well as children. Children under 10 must be accompanied by an adult. All skill levels are welcome. Come and learn the basics or hone your skills. Bring two room temperature eggs. Registration required. Contact the church office at 542-2167 or office@holyspiritmissoula.org.

Please join us!
Saturday, April 13
9:30 a.m. – 11:30 a.m.
in the parish hall

Parenting Place Community Ministry: April 7 is Parenting Place Sunday

Our Parenting Place Sunday on April 7 invites you to engage in awareness and prevention of childhood trauma and the building of resilience.

Our community partners at The Parenting Place will be with us to help us better understand Adverse Childhood Experiences (ACEs), and how they shape the relationship-building and hopeful change that can occur through trauma-informed respite care, home visits, and education for parents, professionals and the greater community. We will learn more about the amazing work of Donation Warehouse, a source of support brought to life by Missoula Exchange Club members. We will be invited to a series of events throughout April and May – documentaries, panel discussions, volunteer opportunities. Through it all, we can consider our own experiences with ACEs and resilience-building, and how that has and will continue to shape how we move in love of self and neighbor.

I'd encourage you to begin by listening to the 2014 TED talk of California's now Surgeon General, Dr. Nadine Burke Harris. ACEs research informed and dramatically altered her treatment of her young patients and additional wrap-around care. Her talk is entitled "How childhood trauma affects health across a lifetime;" you will find it at <https://www.ted.com/talks>.

Also, please mark your calendar for three screenings at the Roxy Theater – of Tre Maison Dasan, Resilience, and Paper Tigers – on April 11, May 12 and May 25, with each followed by a panel discussion. Learn more at our display board on April 7th and at ParentingPlace.net about these and other educational and service opportunities. We will see you on the 7th!

– THE REV. DORCIE DVARISHKIS
PARENTING PLACE COMMUNITY
MINISTRY COORDINATOR
239-7655 ~ dorcie@gmail.com



the Parenting Place
**CHILD ABUSE
PREVENTION**

OUR STAFF

Clergy:

The Rev. Terri Ann Grotzinger,
Rector

revterri@holyspiritmissoula.org

The Rev. Gretchen Strohmaier,
Assistant Priest

Gretchen@holyspiritmissoula.org

The Rev. Judy Anderson, Deacon

The Rev. Doug Anderson, Deacon

The Rev. Myrna Chaney, Deacon

The Rev. Anita Rognas, Deacon

The Rev. Dorcie Dvarishkis,
Deacon

Organist/Choir Director:

Dr. Nancy Cooper

Youth Director: PJ Willett

pj@holyspiritmissoula.org

Parish Administrator:

Judy Parock

office@holyspiritmissoula.org

Bookkeeper/Office Assistant:

Connie Gerke

office@holyspiritmissoula.org

Webmaster:

Elizabeth Serviss

Sexton: Lori Cordis

NEWSLETTER

Paraclete, from the Greek meaning 'Holy Spirit,' is published monthly, September through May, by Holy Spirit Episcopal Church. All material is due by the fifteenth of the month preceding the month of publication.

**HOLY
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**EPISCOPAL
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Sign up to be a part of the Maundy Thursday prayer vigil

Devote an hour or more to prayer in the Garden of Gethsemane with Jesus on the Thursday of Holy Week, April 18th. Starting immediately after the Maundy Thursday Service and continuing until the next morning, parishioners will sign up for an hour at a time to sit in the church and pray. Bring a journal, a book for reflection, or even an instrument, and sit with others (two people sign up for each 1-hour slot) as we "stay awake with Jesus."

Look for the sign up in the parish hall. Consider inviting a friend to join you in your shift. Those who have done this in previous years have found it to be a moving and spiritual time.

The church doors will be locked and opened when you knock on the door for your time.

If you have questions, contact the coordinator, Holly Swartz at 542-1978 or Rev. Gretchen in the church office, gretchen@holyspiritmissoula.org.



Help us celebrate Easter with flowers Easter flower donors needed

One of the most vivid and beautiful symbols of the Easter tradition is the return of flowers to our altar and church. Along with joyous music, beautiful liturgies, and the return of Alleluias, flowers herald the arrival of light and warmth and the promise of renewed life. To make the special services come alive with the color, scent, and beauty of these flowers, extra donations are needed and greatly appreciated.

Please contact the church office at 542-2167 if you would like to give toward the Easter flowers. Any amount is most welcome. Gifts can be sent to the church office, and special prayers and memorials will be listed in the Easter bulletin. **In order for your memorial to appear in the Easter bulletins, we need to hear from you by 9 a.m. on Wednesday, April 3.** Thank you in advance for your special help with the Easter flowers.

Church School 2019: Transitions in progress

In April our Church School changes a bit due to Easter. The first Sunday they will once again meet downstairs and then go upstairs for the second half of the service. This continues to be experimental as we learn from our experience and think and pray about how to nurture our children and inspire them towards growth in their faith and connection to church.

On Palm Sunday the children will participate in our annual procession and then go downstairs to finish out the story time and to participate in special Holy Week activities. We have no Church School program on Easter and

encourage families to worship together. Remember the nursery is always open. Please note Sunday April 28th is an atypical day for Church School. We will be filling power packs at the Missoula Foodbank starting at 9 a.m. Children will need to be dropped off there. We will arrange for transportation back to church around 11 a.m. This is a popular service project. There is a lot of hands-on work to be accomplished, and the time goes very quickly. It's a great opportunity for kids to practice, *being God's hands in the world!* More details on this later.



It's time to register for church camp at Camp Marshall!

Register online at
<https://diomontana.com/>

JUNIOR MIDDLE SESSIONS

Jr. Middler I - \$380

Sunday, June 23 - Friday, June 28

Jr. Middler II - \$380

Sunday, July 7 - Friday, July 12

- For rising 3rd – 8th graders

SENIOR HIGH - \$400

Sunday, July 14 – Saturday, July 20

- For rising 9th – 12th graders

ADVENTURE WEEK - \$400

Sunday, June 30 - Friday, July 5

- A week of off-site excursions for campers entering grades 8-12

FAMILY CAMP - \$600/cabin

Sunday, June 30 - Friday, July 5

- Families of all configurations are welcome to participate in a week of camp activities.

Here's what's happening in Church School in April

Sunday April 7th

Children gather in Church School
Children join in Eucharist upstairs

Focus: *Mary Anoints Jesus*

Sunday April 14th

Children participate in procession
Children remain in Church School

Focus: *Palm Sunday & Holy Week*

Sunday April 21st

Easter!

Special Holy Week activities

Sunday April 28th

Service Project at Missoula Food Bank 9 a.m. – 11 a.m.

No Church School Program



Explorations: Opportunities to cultivate, challenge and live our faith

Where two or three are gathered Reflections on Community

Join us for the last two weeks in our Lenten series as we continue to explore the mystery and joy of Christian community. Potluck at 6:30 p.m. in the parish hall; program begins at 7:15 p.m.

Wednesday, April 3rd – Community: Greater Together



Guest Speaker
Reverend Stacey
Siebrasse will lead us in
thinking about how we
are greater together.

Stacey grew up in Havre and attended the University of Montana for college. Next, having gained a fervent curiosity about the world, she signed up to volunteer in Argentina through the Young Adults in Global Mission program, an extension of the Evangelical Lutheran Church in America (ELCA). Her year drew attention to harmful missional narratives and the intersection between global evangelism and justice, inspiring her to pursue a career in pastoral ministry. She went on to attend Pacific Lutheran Theological Seminary in Berkeley, CA

and was ordained into the ELCA in July of 2013. Stacey pastored a bilingual congregation in San Francisco before moving back to Montana.

Stacey currently serves as a liaison between her church synod and the Evangelical Lutheran Church of Bolivia. Her travels and movement throughout a variety of contexts have impassioned her desire to bridge the people and culture of Montana to God's greater world. She's constantly inspired by global, ecumenical, and interfaith partnerships that share in story and mutual meaning-formation. She believes that, once connected, stories can generate the power needed to enact social change, communal health, and the wholeness of all of God's creation. For this reason and more, Stacey feels her new role as a Community Organizer for the Missoula Interfaith Collaborative is a great fit! She looks forward to working with Holy Spirit and MIC's entire broad base of institutions for the betterment of our local community and God's kingdom come!

Continued on page 5

Join us for Compline on April 7 at 8 p.m. in the church:

Lenten meditations in the quiet of Compline

Do not remember the former things, or consider the things of old.

I am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert.

Please join us for Compline in the penitential darkness of Lent. The choir will chant Psalm 126 ("May those who sow in tears reap with shouts of joy") as well as a beautiful seasonal anthem. Interspersed through the service will be three brief Lenten meditations. This edition of Compline will occur on Sunday, April 7 at 8 p.m.

– KEITH KUHN, COMPLINE COORDINATOR



Exploring prayer through word, art and movement

Plan to attend this day-long retreat on April 6th here at Holy Spirit. Whether you are new to prayer, or you're looking to refresh your prayer life, this is a fabulous opportunity for all men and women in our parish. Three sessions in the morning will highlight different formats for prayer. Jody Thomasson and Betsy Holmquist will focus on The Book of Common Prayer, pointing us to some of its treasures and helping us to use it as a tool for our own prayer life. Willie Hoffer and Rev. Gretchen Strohmaier will discuss visual arts as a means to prayer. Suzy Wiseheart and Valerie Hess will share about movement as a doorway to prayer.

The afternoon is hands-on. Participants will choose two of the three experiential sessions to attend. Each session is 90 minutes long.

- Practice using the tools within The Book of Common Prayer.
- Learn how to create a soul collage. Or, practice responding to art as a means of prayer. All supplies will be provided. No art experience is necessary.
- In our time together, we will begin to explore ways that prayer can be more "embodied" through movement, like walking a labyrinth or holding yoga poses.

When: Saturday, April 6th, 8:45 a.m. to 4 p.m.

Where: Holy Spirit Parish, starting in the Guild Room

Other Details: No fee. For adults, you're welcome to bring friends from outside the parish.

Registration: Please register by contacting Gretchen at 542-2167 or gretchen@holyspiritmissoula.org by April 3rd.

Bring: A sack lunch, a journal (if you have one), and your favorite book(s) on prayer or the spiritual life. We will display our books on the *book look* table (please put your name in your books) in order to share resource ideas with one another.

Continued from page 4:

Where two or three are gathered

Wednesday, April 10th – Community:
Experienced through Worship



Guest Speaker
Reverend Donnel O'Flynn joins us from Christ Church in Kalispell and will lead us in reflections on the communal nature of our worship.

Born in Helena, Donnel moved back east as a child. He was ordained deacon at the National Cathedral and served parishes in the dioceses of Connecticut,

Massachusetts, and Central New York.

He spent his first year after retirement with his wife Janet in Haiti, teaching English to nursing students and helping out in the local Episcopal congregation in Leogane. They relocated to Kalispell in 2016, and he began as rector of Christ Church that September.

Just back from travels in Haiti and Dominican Republic, Donnel will share from a perspective of communal worship on an international scale.

Good Friday Offering

On Good Friday, offerings are invited from across The Episcopal Church to support the four dioceses in the Province of Jerusalem and the Middle East. Funds are used to promote peace and mutual understanding through pastoral care, health care, and educational programs throughout the region.

To learn more about our Church's work in the Middle East, please visit www.episcopalchurch.org/goodfridayoffering

JESUS SAID: "WALK WHILE YOU HAVE THE LIGHT, SO THAT THE DARKNESS MAY NOT OVERTAKE YOU." (JOHN 12:35)

The Good Friday Offering will support the Episcopal Church in the Middle East and Jerusalem

Since 1922, Episcopalians have supported the ministries of the Episcopal Church in Jerusalem and the Middle East through the Good Friday Offering. Through the work of the Episcopal dioceses in the Middle East, Christians maintain a peacemaking and stabilizing presence in the region, serving their neighbors regardless of faith background.

Whether funding a hospital in Gaza or the West Bank, or an eye clinic in Aden, or women's programs, or summer camps and leadership training for young people, the Good Friday Offering is making a difference in the lives of so many.

We hope you will participate in this effort. Special offering envelopes will be available in the bulletin on Good Friday for your contributions. Thank you in advance for your generosity.



PALM SUNDAY, APRIL 14
8 a.m., Blessing of the Palms, reading of the Passion and Holy Eucharist

(Service begins in the church.)

10:15 a.m., Blessing of the Palms, reading of the Passion and Holy Eucharist
(Service begins in the parish hall this year.)

MAUNDY THURSDAY, APRIL 18

6 p.m., Soup dinner in parish hall

7 p.m., Liturgy of Maundy Thursday, in the church, followed by the Maundy Thursday Prayer Vigil

GOOD FRIDAY, APRIL 19
12 noon, Liturgy of Good Friday, in the church

EASTER EVE, APRIL 20
7:30 p.m., The Great Vigil of Easter, followed by the sharing of "milk and honey" in the parish hall

EASTER DAY, APRIL 21
9 a.m. and 11 a.m., Choral Eucharist; Coffee Hour follows both Sunday services

Allow Jesus to speak to you through the liturgies of Holy Week

Holy Week signals the culmination of our Lenten practices. We hope to enter it with ears to hear and eyes to see, perhaps in ways we haven't experienced before. Consider giving yourself extra down time during this week to fully integrate the twists and turns of this upending drama, allowing Jesus to speak to you.

We celebrate Palm Sunday,* the joyous palm-laden procession of Jesus into Jerusalem, on April 14th. As in past years, we will gather in the parish hall prior to the 10:15 a.m. service for the Liturgy of the Palms and then process into the church. (The 8 a.m. service will begin in the church as usual.) The choir will do a special procession around the nave, and the palms will be blessed in the chancel. This service requires us to make an abrupt shift from celebration to the darkness of crucifixion. At both services the Passion Gospel will be read.

The Maundy Thursday* service happens on April 18th at 7 p.m. We will begin the evening with a soup supper in the parish hall at 6 p.m. A simple table Eucharist will be offered along with foot washing. This service offers an intimate experience of the Last Supper and powerful visual images pointing to Jesus' sacrifice. The altar is stripped at the end of the service, and the

congregation leaves in the dark.

The prayer vigil begins immediately after the Maundy Thursday service. The disciples slept while Jesus prayed and then they fled, leaving him all alone. And so, it is on this night that we stay awake. Parishioners sign up for one-hour increments to sit in the church, to watch and wait and pray.

Good Friday services are on April 19th at noon. On this day, we remember Jesus' death. The Passion Gospel will be read, this time from the Gospel of John, and there will be opportunity to venerate the cross.

The Easter Vigil* happens on Saturday, April 20th, starting at 7:30 p.m. and followed by an Easter reception. The service begins in the dark, symbolizing Jesus' dark tomb. The space is lit only by the paschal candle, *the light of Christ*. Hope builds incrementally within the service until Jesus' resurrection is recognized and celebrated.

Easter morning services celebrate that glorious resurrection with music, bells and flowers. Services will be offered at both 9 a.m.* and 11 a.m. Please join us!

**Childcare will be provided during these services.*



Spring Rummage Sale set for May 3 and 4: The Spring Rummage Sale is on its way!

How are you doing with your 40 Item Donation Project for the May 3-4 Rummage Sale? We hope you're well on your way! Your donations this year may also include lightweight sports equipment and furniture. We'd like you to wait, however, until Sunday-Tuesday, April 28-30, to bring those particular items to the church. Other rummage sale items, including *clean and in good condition* clothing, shoes, jewelry, accessories, books (hard and soft cover), small/working appliances, kitchen and household goods, tools, pet items, knick-knacks, linens, toys, craft/decorative/seasonal items, baskets, vintage, collectibles, healthy houseplants, luggage, games, puzzles, may be brought at any time and left – boxed, sealed, and labeled "Rummage" – next to the stairway outside the Guild Room. Every single item you donate helps in so many ways. From providing

you more space in your life to helping every mission of Holy Spirit. Plus, you are doing a super job of recycling, as your items go on to have a new life with someone else. All unsold items are repurposed to other non-profits.

Please also plan to volunteer for at least one of the many tasks the sale itself involves. Sign-up sheets and folks to answer your questions will be in the parish hall each Sunday in April. Pick up service for donations will also be available this year – as will the use of credit and debit cards at the sale itself. Spring has finally come – the perfect time for you to spring into action yourself and help make this year's event again Missoula's Best Rummage Sale. Questions? Contact Marva Gallegos at 546-1611 or martonygallegos@hotmail.com.

– BETSY HOLMQUIST
RUMMAGE SALE COMMITTEE



Sign up to volunteer at this year's sale following services any Sunday in April in the parish hall. It's a lot of fun!



of Rummage Sale donations

Need a few suggestions of what to donate for our Spring Rummage Sale on May 3 and 4? Just follow the ABC's of Rummage Sale donations. Your home will be clutter-free in no time, and we'll have the makings for a great Rummage Sale!

- A – Art items and apparel
- B – Books (paperback or trade)
- C – Clothing and clocks
- D – Dishes and DVDs
- E – Egg timers and poachers
- F – Fondue pots or furry hats
- G – Games and guitars
- H – Holiday decorations
- I – Ivy or other house plants
- J – Jewelry
- K – Kitchen gadgets and knick knacks
- L – Linens 'n things
- M – Mugs and marbles
- N – Neckties and note cards
- O – Outgrown boots and shoes
- P – Pots and pans
- Q – Quart jars and pints
- R – Radios and remnants
- S – Shirts, slacks and sweaters
- T – Toys for all ages
- U – Utensils and umbrellas
- V – Vases and "vahhses"
- W – White elephants
- X – XXL, XL, L, M, S
- Z – Ziploc bags of zippers

We need your donations to have a successful sale. Bring your donated items to the parish hall on Monday, Tuesday and Wednesday, April 29, 30 and May 1, from 9 a.m. to 4 p.m.

Need a pick up for your donations? Call Marva Gallegos at 546-1611 by Saturday, April 27, if you'd like this service.

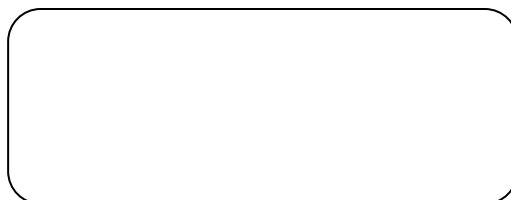
HOLY SPIRIT

EPISCOPAL CHURCH

130 South 6th Street East
Missoula, MT 59801-4222

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RETURN SERVICE REQUESTED



PLEASE JOIN US FOR A

Prayer Retreat

EXPLORING PRAYER
THROUGH WORD, ART
AND MOVEMENT

APRIL 6 / 8:45 AM TO 4 PM
REGISTER BY APRIL 3

