

contacting Rev. Gretchen at the church office, 542-2167 or gretchen@holyspiritmissoula.org.

COME TO THE CENTERING PRAYER GROUP, led by Willie Hoffer and Jennifer Dousset. Our next gatherings are **First Friday, November 1, 12 noon to 1 p.m. and Third Tuesday, November 19, from 4:30 p.m. to 5:30 p.m. and** Come to either or both sessions! Centering Prayer is a meditation process in which we quiet our minds and open ourselves to our God. If you have any questions, please call Jennifer Dousset at 406-880-1680 or Willie Hoffer at 541-815-9609.

Back by popular demand: **SACRED SPACE YOGA!** Come experience yoga in the church. Be inspired by the beauty of our worship space in a completely different way. Let the height of the ceiling and the color of the windows impact your body, mind and spirit. These sessions are led by Suzy Wiseheart, who has practiced and taught yoga off and on for 37 years. She enjoys adapting poses for people who may feel challenged in any way, while keeping poses challenging for more practiced participants.

What: Bring a yoga mat (or towel), and a blanket. Dress comfortably.

When: Sundays in November – November 3, 10, 17, and 24

Time: 2:00 – 3:30 p.m.

Where: Meet in the pews

Registration: Contact Gretchen to sign up gretchen@holyspiritmissoula.org or 542-2167

Questions: Contact Suzy Wiseheart at suzywiseheart@gmail.com

Compline

Precious in the sight of the Lord is the death of his saints. – PSALM 116

You are invited to **COMPLINE** on Sunday evening, November 3rd, when we will “Pray Our Good-byes.” We will remember those parishioners who have died over the past year in a special version of Compline. Compline begins at 8 p.m. (The church will be open at 7:30 p.m.) Please join us!

Update on the Bishop Transition

THE ORDINATION OF OUR NEW BISHOP, The Rev. Marty Stebbins, will take place on Saturday, December 7, at 11 a.m. at St. Paul’s United Methodist Church, 512 Logan Street, Helena, Montana with our Presiding Bishop, The Most Rev. Michael Curry presiding. Check the diocesan website, www.diomontana.com/ordination-of-new-bishop/, for more information.

Please note: efforts are being made to live stream the ordination across the diocese, allowing us the ability to offer a large screen viewing in the Parish Hall. We will give more details as we receive them.

■ WELCOME TO HOLY SPIRIT EPISCOPAL CHURCH

Our Parish Life

The Confession, Eucharistic Prayer and Post-Communion Prayer come from the **ENRICHING OUR WORSHIP** texts prepared by the Standing Committee on liturgy and music of The Episcopal Church. *Enriching Our Worship* is a resource to help expand the language, images, and metaphors used in worship. The prayers can be found on the white leaflet. **Please return the *Enriching Our Worship* leaflets to the back of the church so that they can be reused.**

OUR CHURCH’S ANNUAL STEWARDSHIP APPEAL is underway. This morning’s speakers about Stewardship are Valerie and John Hess. The Stewardship mailing and pledge card will be mailed out on Monday, October 21. **OUR STEWARDSHIP INGATHERING** will take place at both services on November 3. Please give your pledge prayerful consideration.

Hellgate Ministry Sunday, October 20

Our relationship with our neighbors in the Hellgate High School community continues to grow as we uncover additional ways to give of ourselves and learn more about the joys and challenges of the students and staff. Today we host **HELLGATE MINISTRY SUNDAY** where we will learn more about this ministry and be able to sign up to serve in ways that include shopping, organizing, tutoring/mentoring, advocating and providing financial support. Our thanks to A’Lisa Scott, our Holy Spirit Hellgate Ministry Coordinator, adfams@montana.com. Check out the display at the back of the church for more information about this ministry!

Holiday Market

SIGN-UP SHEETS for the various volunteer opportunities during Market Week (November 4-9) will be available starting today. How can you help? Perhaps with a crock-pot of soup for lunch? Setting up displays? Working on sale days? Cashiering? Bagging items? Visiting with guests? Whatever your comfort level, we promise you a great time sharing the camaraderie and joy Market Week provides. If you’re new to Holy Spirit, or have never been involved with the Holiday Market, this is the perfect time to ask questions and join the fun.

IT’S TIME FOR DONATIONS FOR HOLIDAY MARKET 2019. What do you have in the way of Christmas themed décor, decorations, books, table linens, candles, etc.? How about Craft, Pet, or Griz items? Jewelry? Art:

photography, prints, originals, sculptures? Re-giftable "gifts", maybe even in their original boxes? Antiques and Vintage treasures? Please be sure that ALL donations are in excellent or original condition. (Rummage items will be collected next spring.) You may bring your Holiday Market donations to the church anytime through Sunday, November 3. Please have all Holiday Market items *in closed boxes* and *take them downstairs* below the coat racks in the hallway outside the Guild Room. Pick up a donation tax receipt that will be downstairs where you will leave your boxes. Have you circled Holiday Market week on your calendars? From the Conga Line on Sunday November 3 through the Raffle and Silent Auction on Sunday November 10, this is one week you'll want to participate in, helping your Holy Spirit community welcome in the holidays.

LET'S GET CRAFTY! Join the Holy Spirit Crafters on Fridays from 10 a.m. – 12 p.m. in the Parish Hall when available or upstairs in the church office through November 1st. Come any Friday and stay as long as your schedule allows. Step-by-step instructions on making holiday decorations and ornaments for the Holiday Market are provided. No experience is necessary. This is a great way to meet other parishioners. For more information about the Craft Group, contact Sue Lowery at 546-8401 or smorasco@centric.net.

Vestry

Once again, it's time to produce **NOMINEES FOR VESTRY**. If the time is right for you to lend your expertise to help guide our parish, please let Rev. Terri know by Wednesday, November 27. Here are the requirements to serve as a Vestry member:

1. Be confirmed or received in The Episcopal Church.
2. Have a demonstrated history of participation in the life of the church.
3. Be a regular communicant.
4. Contribute to the financial support of the church.
5. Have been an Episcopalian for at least two years.
6. Be willing to attend monthly Vestry meetings and special meetings as required.
7. Be prepared to serve on Vestry ministries.
8. Be prepared to count Sunday offerings periodically.

Youth Ministry

The next meeting of the **HOLY SPIRIT YOUTH GROUP** (grades 6-12) will take place October 20 from 6-7:30 p.m. in the parish hall. We'll have pizza, games, fellowship, and discussion. Hope you can join us! Bring your friends.

DIOCESAN YOUTH RETREAT PLANNED AT CAMP MARSHALL ON NOVEMBER 2-3. We will meet at the church at 8:30 a.m. on Saturday, November 2 to head up to camp. We will return about 11:30 a.m. on Sunday, November 3. The cost is \$10 per kid, but we can cover it, if need be. If your child has any interest in this event, please email PJ at pj@holyspiritmissoula.org and let him know!

Explorations

The following Christian formation classes and programs offer a wide variety of educational opportunities aimed at helping us Cultivate, Challenge and Live our Faith

Are you new to Holy Spirit, or new to the Episcopal Church? Would you like to learn more about us, or do you have questions about how to become a member? Please consider yourself invited to the next series of **INQUIRERS CLASSES** at 9 a.m. between services and running concurrent Sundays through November 10 (if needed). We will meet in the church office conference room. It's not too late to join! ~ Rev. Terri

Join us for a new way to read the Scriptures in October — LECTIO DIVINA—Lectio Divina is a traditional Benedictine practice of scriptural reading, meditation, and prayer intended to promote communion with God and to increase the knowledge of God's word. It does not treat Scriptures as texts to be studied but as the Living Word. **Join Tracey Gage at 9 a.m. in the Guild Room on Sunday, October 20, for this fascinating class!**

Our annual **WOMEN'S RETREAT** takes place at Camp Marshall on beautiful Flathead Lake on October 25-27. This year's theme is *The Life of the Body: Physical Well-Being and Spiritual Formation*, and our retreat leader will be author Valerie Hess. To register, please contact Rev. Gretchen at 542-2167 or gretchen@holyspiritmissoula.org.

A NEW BOOK STUDY BEGINS IN NOVEMBER. Join Reverend Gretchen, Oncologist Dr. Sally Scott, and Nurse Practitioner Susannah Ries, both members of our parish, for a 3-week class based on the book, *Being Mortal: Medicine and What Matters in the End* by Atul Gawande. Learn about themes from the book, see clips from the documentary, and learn from the experience of these health care professionals. The class will address finding meaning at the end of life, dealing with the uncertain future, navigating communication with health care providers, and completing and using advance directives. The book will serve as a backdrop for the class, providing examples and context. Reading the book is not a requirement for participation. The class meets on Sundays after the 10:15 service from 11:45 a.m. to 1:15 p.m. in the Guild Room on November 10, 17, and 24. Light refreshments will be provided. Please register for the class by